



NAT Traversal for VoIP

Dr. Quincy Wu National Chi Nan University Email: solomon@ipv6.club.tw





NAT Traversal

■ Where is NAT ■ What is NAT Types of NAT NAT Problems NAT Solutions Program Download



802.16 IP Telephony Lab

NTP VoIP Platform







What is NAT

- NAT Network Address Translation
 - RFC 3022 Traditional IP Network Address Translator (Traditional NAT)
 - RFC 1918 Address Allocation for Private Internets (BCP 5)
 - RFC 2993 Architectural Implications of NAT
 - RFC 3027 Protocol Complications with the IP Network Address Translator
 - RFC 3235 Network Address Translator (NAT)-Friendly Application Design Guidelines
- Convert Network Address (and Port) between private and public realm
- Works on IP layer
- Transparent for Application





NAT Schematic







Types of NAT

Full Cone
Restricted Cone
Port Restricted Cone
Symmetric





Full Cone NAT

- Client send a packet to public address A.
- NAT allocate a public port (12345) for private port (21) on the client.
- Any incoming packet (from A or B) to public port (12345) will dispatch to private port (21) on the client.







Restricted Cone NAT (1/2)

- Client send a packet to public address A.
- NAT allocate a public port (12345) for private port (21) on the client.
- Only incoming packet from A to public port (12345) will dispatch to private port (21) on the client.







Restricted Cone NAT (2/2)

- Client send another packet to public address B.
- NAT will reuse allocated public port (12345) for private port (21) on the client.
- Incoming packet from B to public port (12345) will now dispatch to private port (21) on the client.







Port Restricted Cone NAT

- Client send a packet to public address A port 20202.
- NAT will allocate a public port (12345) for private port (21) on the client.
- Only incoming packet from address A and port 20202 to public port (12345) will dispatch to private port (21) on the client.







Symmetric NAT

- NAT allocate a public port each time the client send a packet to different public address and port
- Only incoming packet from the original mapped public address and port will dispatch to private port on client







VoIP Protocol and NAT

- NAT convert IP addresses on IP layer
- Problem 1:
 - SIP, H.323, Megaco and MGCP are application layer protocol but contain IP address/port info in messages, which is not translated by NAT
- Problem 2:
 - Private client must send a outgoing packet first (to create a mapping on NAT) to receive incoming packet





Lab Environment

- UA1: UA behind NAT.
- UA2: SIP device outside NAT.
- Call Server: SIP-express router 0.8.12.
- NAT: Linux Fedora Core 2.
- Packet Capturer: Ethereal-0.9.15.





The Problem (1/2)

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- Due to private address, the Via header and Contact address in SIP messages sent by UA1 are incorrect.
 - With incorrect Via header, responses of messages sent by UA1 cannot be routed back.
 - With incorrect Contact address in REGISTER messages, call server cannot inform UA1 the incoming calls.

[©]UA1 can only act as a calling party.





Incorrect REGISTER Message

C The Ethereal Network	Analyzer										
<u>File Edit Capture</u>	Display Tools		Help								
Source	Destination	Protocol	Info								
192.168.1.102 192.168.1.102 192.168.1.102 192.168.1.102 192.168.1.102	140.113.131.7 140.113.131.7 140.113.131.7 140.113.131.7 140.113.131.7	SIP SIP SIP SIP SIP	Request: REGISTER sip:140.113.131.7:5060 Request: REGISTER sip:140.113.131.7:5060 Request: REGISTER sip:140.113.131.7:5060 Request: REGISTER sip:140.113.131.7:5060 Request: REGISTER sip:140.113.131.7:5060								
d 1											
<pre> E Frame 1 (400 bytes on wire, 400 bytes captured) E thernet II, Src: 00:0c:6e:49:1b:4a, Dst: 00:90:cc:4f:d0:80 Internet Protocol, Src Addr: 192.168.1.102 (192.168.1.102), Dst Addr: 140.113.131.7 (140. User Datagram Protocol, Src Port: 5060 (5060), Dst Port: 5060 (5060) Session Initiation Protocol Request line: REGISTER sip:140.113.131.7:5060 SIP/2.0 Method: REGISTER Message Header Call-ID:63786888-D1B9-1277-F890 1EB37273C7E1@TRITON Contact:sip:980707321@192.168.1.102:5060 Content-Lengtn:0 CSeq:2 REGISTER Expires:3600 From:980707321<sip:980707321@140.113.131.7:5060> To:sip:980707321@140.113.131.7:5060 Via:SIP/2.0/UDP 192.168.1.102:5060: Datagram Protocol Session Protocol</sip:980707321@140.113.131.7:5060></pre>											
OO20 83 07 13 c4 0030 45 52 20 73 0040 33 31 2e 37 0050 30 0d 0a 43 0060 38 38 38 2d	13 c4 01 6e 85 ec 52 69 70 3a 31 34 30 2e 3a 35 30 36 30 20 53 61 6c 6c 2d 49 44 3a 44 31 42 39 2d 31 32	45 47 49 53 31 31 33 2e 49 50 2f 32 36 33 37 38 37 37 2d 46	54 n.n.REGIST A 31 ER sip:1 40.113.1 A 2e 31.7:506 0 SIP/2. A 36 0call- ID:63786 A 38 888-D189 -1277-F8 /								
Filter:		✓ Reset	Apply <live capture="" in="" progress=""></live>								





The Problem (2/2)

- When UA1 initiate a call, the connection information for media establishment in SDP are also incorrect.
 - •UA2 gets a private peer address, the RTP packets from UA2 cannot be routed to UA1.
 - Media can only be sent from UA1 to UA2.





Incorrect Fields in SDP of INVITE Message

⊞ Frame 6 (900 bytes on wire, 900 bytes captured) ⊞ Ethernet II, Src: 00:0c:6e:49:1b:4a, Dst: 00:90:cc:4f:d0:80 ⊞ Internet Protocol, Src Addr: 192.168.1.102 (192.168.1.102), Dst Addr: 140.113.131.7 ■ User Datagram Protocol, Src Port: 5060 (5060), Dst Port: 5060 (5060) ⊞ Session Initiation Protocol 🖯 Session Description Protocol Session Description Protocol Version (v): 0 ⊞ Owner/Creator, Session Id (o): 980707321 1086859 1086859 IN IP4 192.168.1.102 Session Name (s): Session SDP ⊡ Connection Information (c): IN IP4 192.168.1.102
 ⊞ Time Description, active time (t): 0 0 Media Description, name and address (m): audio 9000 RTP/AVP 0 8 3 4 18 ■ Media Attribute (a): rtpmap:0 PCMU/8000/1 Media Attribute (a): ptime:20 Media Attribute (a): rtpmap:8 PCMA/8000/1 ⊞ Media Attribute (a): ptime:20 Media Attribute (a): rtpmap:3 GSM/8000/1 Media Attribute (a): ptime:20 Media Attribute (a): rtpmap:4 G723/8000/1 Media Attribute (a): ptime:20 ■ Media Attribute (a): rtpmap:18 G729/8000/1 Media Attribute (a): ptime:20 Media Description, name and address (m): video 9002 RTP/AVP 34 96 ⊞ Media Attribute (a): rtpmap:34 H263/90000/2 ⊞ Media Attribute (a): ptime:30 Media Attribute (a): rtpmap:96 MPEG4/90000/2 Media Attribute (a): ptime:30





Solving NAT Traversal Problems

Target:

• Discover mapped public IP & port for private IP & port

- Use mapped public IP & port in application layer message
- Keep this mapping valid
- Timing Issue
 - NAT will automatically allocate a public port for a private address & port if need.
 - NAT will release the mapping if the public port is "idle"
 - TCP connection on the port
 - The No UDP traffic on the port for a period (45 sec ~ 5 min)
 - Keep a TCP connection to target
 - Send UDP packet to target every specified interval





NAT Solutions

- IPv6 (Internet Protocol Version 6)
- UPnP (Universal Plug-and-Play)
 - UPnP Forum http://www.upnp.org/
- VPN (Virtual Private Network)
- Proprietary protocol by NAT/Firewall
 - SIP ALG (Application Level Gateway)
 - No standard now. Not applicable for existing NATs.
- SIP extensions for NAT traversal
 - RFC 3581 rport
 - Works for SIP only, can not help RTP to pass through NAT
- STUN (Simple Traversal of UDP Through Network Address Translators)
 - RFC 3489
 - Works except symmetric NAT
- TURN (Traversal Using Relay NAT)
 - draft-rosenberg-midcom-turn-08
 - for symmetric NAT





UPnP – Universal Plug-and-Play





NAT Traversal with UPnP

- 目的
 - 使 NAT 網路內的機器確切知道對外所用的 Public IP 位址資訊
- 解法
 - 讓 NAT Device 可與 NAT 內的應用程式溝通, 交換位址資訊
 - 定義 NAT Device 為一 UPnP Device (IGD)
 - ^TIGD -- Internet Gateway Device





NAT 網路架構







UPnP IGD

■提供以下UPnP 功能

- 取得 public IP 位址
- 取得現有 port mapping
- 新增/移除 port mapping
- 指定 mapping 的存續時間





利用 UPnP 取得位址資訊

- NAT 內主機可利用 UPnP Control Message 通知 IGD 增加一 Port Mapping
- ■範例:
 - 本機位址: 192.168.0.14
 - 正在本機 port 10001 上聽 UDP 封包
 - ●希望能在 IGD 新增一 port mapping





IGD Control Message

- POST /upnphost/udhisapi.dll?control=uuid:c3038e95-ea88-4d5c-98ff-3ad68f7aaa32+urn:upnp-org:serviceId:WANIPConn1 HTTP/1.1
- Host: 192.168.0.1:2869
- Content-Length: 734
- Content-Type: text/xml; charset="utf-8"
- SOAPAction: "urn:schemas-upnp-org:service:WANIPConnection:1#AddPortMapping"
- SOAP-ENV:Envelope
- xmlns:SOAP-ENV="http://schemas.xmlsoap.org/soap/envelope/"
- SOAP-ENV:encodingStyle="http://schemas.xmlsoap.org/soap/encoding/">
- SOAP-ENV:Body>
- <u:AddPortMapping xmlns:u="urn:schemas-upnp-org:service:WANIPConnection:1">
- <NewRemoteHost></NewRemoteHost>
-
 /NewExternalPortspace
- <NewProtocol>UDP</NewProtocol>
- NewInternalPort>10001
 NewInternalPort>
-

- <NewEnabled>1</NewEnabled>
- NewLeaseDuration>0</NewLeaseDuration>
- </u:AddPortMapping>
- </SOAP-ENV:Body>
- </SOAP-ENV:Envelope>





Current Defects of UPnP

- 目前尚未解決的問題
 Aging 問題
 承程式需自行清除 port mapping
 安全性問題
 ③UPnP 尚未提供認證機制
 Multi-level NAT
 - ☞NAT 內的裝置只能存取前一層的 IP 位址





Simple Traversal of UDP Through Network Address Translators (STUN)



STUN (RFC 3489)

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- A mechanism for a socket behind NAT(s) to get its mapped (IP,port) on Internet.
- Check whether UA is behind NAT.
 - If not true, the STUN mechanism is not applied.
- When new socket is created, use this socket to request its mapped (IP,port) from STUN server.
 - The response IP is stored in a string buffer.
 - The response port is saved in a table, using source port as key.
- When UA wants to stuff local IP or port in a message, it will first look up mapped IP or port in the table.





STUN Server

- Allow clients to discover if it is behind a NAT, what type of NAT it is, and the public address & port NAT will use.
- Very Simple Protocol, Easy to implement, Little load







Use STUN for SIP Registration

- Use port 5060 to send a packet to STUN Server
- Receive public address & port mapped to client:5060 from STUN Server
- Fill the SIP register message with client's public address & port, send to proxy server







802.16 IP Telephony Lab





Use STUN for RTP

- Send two STUN queries from RTP port (9000 & 9002) to STUN Server
- Use replied public address & port in SDP





Corrected SDP^{\$02.16} IP Telephony Lab

Ine Eti	iereal Network A	nalyzer			
File Ed	it <u>C</u> apture <u>D</u> i	isplay Tools			Help
No. +	Time	Source	Destination	Protocol	Info
1	0.000000	192.168.1.102	140.113.131.2	STUN	Message : Binding Request
2	0.016250	140.113.131.2	192,168,1,102	STUN	Message : Binding Response
3	0.018516	192.168.1.102	140.113.131.2	STUN	Message : Binding Request
4	0.034725	140.113.131.2	192.168.1.102	STUN	Nessage : Dinding Response
5	0.038840	192.168.1.102	140.113.131.7	SIP/SD	Request: INVITE sip:980707325@140.113.131.7, with ses
6	0.045496	140.113.131.7	192.168.1.102	SIP	Status: 100 trying your call is important to us
7	0.057389	140.113.131.7	192,168.1.102	SIP	Status: 180 Ringing
8	14.746387	192.168.1.100	192.168.1.255	BROWSEI	Domain/Workgroup Announcement VONTEL, NT Workstation,
	F (001 b) + -			******	
E Frame	5 (961 byte	s on wire, 961 bytes	captured)		-
Ether	net II, Src:	00:0C:6E:49:1D:4a, L	st: 00:90:cc:47:d0:80	- and the second second	
⊞ Inter	net Protocol	, Src Addr: 192.168.1	.102 (192.168.1.102),	DST Addr:	140.113.131.7 (140.113.131.7)
⊞useri	Datagram Pro	TOCOL, SPC POPT: 5060) (5060), DST Port: 500	00 (5060)	
H Sessi	on initiatio	n Protocol			
E Sessi	on Descripti	on Protocol	- 60- 6		
l ses	sion beschip	prion protocol versio	N (V): U	TN TO4 14	A 112 121 27
	er/creator,	Session Id (0): 980/	0/321 1094302 1094302	IN 1P4 14	0.113.131.72
	sion Name (: postion Info	SJ: SESSION SDP	140 112 121 77		
	dwidth Into	ormation (C). IN 1P4	140.113.131.72		
	iuwiuch inior	rmation (b): Clifood	o o		
	le Description	ion, accive cime (c):	(m), audio 56530 ptp/	(M/D 0 0 7	4.10
	lia Descript	non, name and address	(m). audio 30339 RTP/	AVP U O S	4 10
	lia Attribute	e (a): ripmap:0 PCMU/	8000/1		
	lia Attribute	e (a): ptime.20 e (a): ptime.20	8000 /1		
	lia Attribute	e (a). TCpmap.8 PCMA/	8000/1		
	lia Attribute	e (a). ptime.20 p (a): ptipmap:2 CEM/9	000/1		
	lia Attribute	e (a). 1 tpmap.3 G5M/8	000/1		
	lia Attribute	e (a). ptime.20 p (a): ptime.20	8000 M		
	lia Attribute	e (a): rtpmap.4 G/23/ e (a): ntime:20	0000/1		
	lia Attributa	e (a): ptime.20 e (a): rtoman:18 c720	/8000/1		
	lia Attribut	e (a): rtpmap.10 0/29	/6000/1		
	lia Descript:	ion name and address	(m) . video 56541 ptp/	M/D 24 06	
	lia descript	o (b): rtombo:24 H762	(III): VIGEO 30341 KIP/	AVF 34 90	
		e (a). 1 cpinap.34 n203	/ 90000/ 2		
1					X
0000 0	0 90 cc 4f c	10 80 00 0c 6e 40 1b	43 08 00 45 00 0	 T T T	E IN
0010 0	3 h3 18 7f 0	10 00 00 00 00 00 00 00 00 00 00 00 00 0	48 01 66 8c 71	мд.	fa F
0020 8	3 07 13 c4 1	13 c4 03 9f 7c 69 49	4e 56 49 54 45	iIN	/ITE
0030 2	0 73 69 70 3	a 39 38 30 37 30 37	33 32 35 40 31 sip	:980 70732	2501
0040 3	4 30 2e 31 3	31 33 2e 31 33 31 2e	37 20 53 49 50 40.1	13.1 31.7	SIP
Filter:			1	Reset App	ly <live capture="" in="" progress=""></live>





Download

STUN Client

- A diagnosis tool which utilizes STUN mechanism to find out the type of NAT.
- Download at http://voip.ipv6.club.tw/Download/
- Usage:

stun-client STUN.ipv6.club.tw

☞ stun-client -t STUN.ipv6.club.tw

☞ stun-client –p 5060 STUN.ipv6.club.tw

- Note: Be sure to close any running SIP UA before you run the STUN client. (why?)
- Many commercial SIP UAs support STUN
 - X-Lite (softphone)
 - Snom (hardphone)



際大学 An University Running STUN Client on a PC

C:\WINDOWS\System32\cmd.exe] ×
C:\WinApp\NBENUA>ipconfig	
Windows IP Configuration	
Ethernet adapter 區域連線:	
Connection-specific DNS Suffix .: IP Address: 192.168.2.100 Subnet Mask: 255.255.255.0 Default Gateway: 192.168.2.1	
Tunnel adapter Automatic Tunneling Pseudo-Interface:	
Connection-specific DNS Suffix . : IP Address fe80::5efe:192.168.2.100%2 Default Gateway	
C:\WinApp\NBENUA>	





stun-client STUN.ipv6.club.tw

C:\WINDOWS\System32\cmd.exe	- 🗆 🗙
Encoding stun message: Encoding ChangeRequest: 2	
Encoding stun message: Encoding ChangeRequest: 6	
Encoding stun message: Encoding ChangeRequest: 2	
Encoding stun message: Encoding ChangeRequest: 6	
Encoding stun message: Encoding ChangeRequest: 2	
Encoding stun message: Encoding ChangeRequest: 6	
Encoding stun message: Encoding ChangeRequest: 2	
Cannot assign requested address Internet connection is type: Port Restricted Nat	
C:\WinApp\NBENUA>	-





stun-client -t STUN.ipv6.club.tw

C:\WINDOWS\System32\cmd.exe	- 🗆 🗙
SourceAddress = 140.113.131.2:3478	•
ChangedAddress = 140.113.131.55:3479	
ok=1	
id=7:204:117:51:61:210:82:100:49:236:134:112:130:225:186:102	
mappedAddr=140.113.131.79:1533	
changedAddr=140.113.131.55:3479	
Encoding stun message:	
Encoding ResponseAddress: 140.113.131.79:1446	
Encoding ChangeRequest: Ø	
About to send msg of len 40 to 140.113.131.2:3478	
Encoding stun message:	
Encoding ResponseAddress: 140.113.131.79:1446	
Encoding ChangeRequest: 0	
About to send msg of len 40 to 140.113.131.2:3478	
Encoding stun message:	
Encoding ResponseAddress: 140.113.131.79:1446	
Encoding ChangeRequest: 0	
About to send msg of len 48 to 140.113.131.2:3478	
Refresh time is: 20 seconds	
C:\WinApp\NBENUA>	-





Clients Behind Symmetric NAT

- Provide a Call Server with RTP relay for non-upgradeable IP phone or Softphone
 - The loading for this server would be terribly heavy



Mapping Table 192.168.10.1:5060 <-> 10120 (for Call Server : 5060) 192.168.10.1:9000 <-> 12345 (for Call Server : 9000)



802.16 IP Telephony Lab

Signaling Flow



39



Relay -> PSTN⁶⁰²GW^{Telephony Lab}

🌠 n2-2.cap - Wire:	shark			
Eile Edit ⊻iew	<u>Go Capture Analyze Stati</u>	stics <u>H</u> elp		
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8 0.0660	48 140.113.87.100	140.113.131.29	NS 👘 Standard query response A 140.11	3.131.117
9 0.0665	99 140.113.131.29	140.113.131.117	IP/SD Request: INVITE sip:59777@NCTU-G	w4.ipv6.club.tw, with session
10 0.0723	45 140.113.131.117	140.113.131.29	IP Status: 100 Trying	
11 0.5076	41 163.22.18.90	140.113.131.29	IP/SD Request: INVITE s1p:59///@140.11	3.131.29, with session descri
12 0.5086	92 140.113.131.29	10.10.20.176	IP Status: 100 Trying	PORT - FORD
13 1.3233	71 103.22.18.90	140.113.131.29	DP Source port: 03100 Destination	purt: 5060 2 121 20 with specier descent
14 1.3207	92 105.22.10.90	10 10 20 176	TP/SD Request: INVITE STD: 397770140.11	5.151.29, With Session descr
16 3 5587	78 163 22 18 90	140 113 131 29	TP Status, 100 H ynng TD/SD Deguest: TNV/TTE sin:5077701/0 11	2 121 20 with session descri
17 3 5594	47 140 113 131 29	10 10 20 176	IP Status: 100 Trying	5.151.25, WICH SESSION desci
18 6 8113	19 140,113,131,117	140,113,131,29	IP/SD Status: 183 Session Progress wi	th session description
19 6.8159	48 140,113,131,29	163.22.18.90	IP/SD Status: 183 Session Progress, wi	th session description
20 6.8277	53 163.22.18.90	140.113.131.29	TCP Receiver Report	
21 6.8283	68 140.113.131.117	140.113.131.29	TP Payload type=ITU-T G.711 PCMA. S	SRC=116818805, Seq=5412, Time
22 6.8288	48 140.113.131.29	10.10.20.176	TP Payload type=ITU-T G.711 PCMA, S	SRC=116818805, Seq=5412, Time
23 6.8449	56 163.22.18.90	140.113.131.29	TP Payload type=ITU-T G.711 PCMA, S	SRC=903455386, Seq=1042, Time
24 6.8454	43 140.113.131.29	140.113.131.117	<pre>TP Payload type=ITU-T G.711 PCMA, S</pre>	SRC=903455386, Seq=1042, Time
25 6.8460	30 140.113.131.117	140.113.131.29	TP Pavload type=ITU-T G.711 PCMA, S	SRC=116818805, Seq=5413, Time 💌
⊞ Message H ⊟ Message b	eader ody	tero antripioreraorei	217210	×
E Session	Description Protocol			
Sessi	on Description Protoco	Version (V): U		
🖽 Owner	/Creator, Session Id (D): - 8 2 IN IP4 10.1	20.176	
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🕀 Conne	ction Information (c):	IN(IP4 140.113.131.2		
🖽 Time	Description, active ti	ne (t): 0 0		
🖽 Media	Description, name and	address (m): audio 1	00 RTP/AVP 107 119 98 8 3 101	
🖽 Media	Attribute (a): alt:1	2 : tDmis+bd oRut+4J+	69.254.2.2 47316	
💮 🖽 Media	Attribute (a): alt:2	1 : O/OWJZAA NM4WAIAB	0.10.20.176 47316	
🖂 Media	Attribute (a): fmtn:1	01 0-15		
m Media	Attribute (a): rtoman	107 BV32/16000		*
	2 27 25 24 22 24 04 0-	0d 02 76 2d 20 0d	407542	
0210 20 64 30	26 20 28 20 22 20 40		107 J43 V=0. 145 V=0.	
0310 31 30 2	31 30 2e 32 30 <u>2e 31</u>	37 36 0d 0a 73 3d	0.10.20 .176s=	
0320 3c 43 6	75 6e 74 65 72 50 61	. 74 68 20 65 79 65	Counter Path eye	
0330 42 65 61	L 6d 20 31 2e 35 <u>3e 0</u> d	l 0a 63 3d 49 4e <u> 20</u>	eam 1.5 >c=IŃ	
0240 40 50 2	1 20 21 24 20 25 21 21	22 20 21 22 21 20	140 112 121	
Session Description	n Protocol (sdp), 430 bytes		J P: 333 D: 333 M: 0	111



IP Phone B <- Relay

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Summary

STUN is a good solution for non-symmetric NAT

- Suitable for small-scale solution
 - The Client-side
 - Therefore Enterprise-server
- Compatible with most NATs
- STUN server is easy to implement and low-cost
- Call Server w/ RTP Relay may be needed, if the users cannot make sure whether they are behind a symmetric NAT
 - Capacity is limited
 - Centralized server is expensive
 - That's why Skype distributed the loading to individual users
- UPnP is a promising solution, but its nature is competing with IPv6.
 - Peer-to-Peer vs. Gateway/Device model